

I am here does not have one single emotion or meaning behind it. It means lots of things to different people.

Take time to think about what it means to you.

I am here

#IAmHereScotland

You can write, draw or paint and tell everyone 'I am here...'

During Scottish Learning Disability Week share your picture on social media and tag @SCLD News

Use **#IAmHereScotland** or **#ScotLDWeek25**